JEUNESSE

2023 ANNUAL REPORT



### JEUNESSE LOYOLA

### **Board of Directors**

Leigh Adams Mary Jane Caro Sohrab Falahatkar Nadia Lefter Brian O'Connell Simeon Pompey

### **Coordinating Team**

Felix Anor, Open Gym Coordinator Pénélope Barnabé, Teen Program Coordinator Aya ben Youssef, School Teri Di Gennaro, Operations Manager Marcus Mitchell, ASP Coordinator Christian Rasytinis, Director of Community Services Christine Richardson, Executive Director Emma Wilton, Communications Coordinator Fiona Wilton, Program Manager

### **Programming Staff**

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Anas Latosh

Ryan Mandeville

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Sarah Mecheri

Borna Mirsaidghazi

Soraya Pierre

Béatrice Proulx

Célia Vilotte

Alador Zewdie

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### DIRECTOR'S MESSAGE

It is hard for me to believe how far we have come in one year. When we met for our AGM in March of 2023, our programs were scattered across seven locations. Our office added an eighth site to our operations. We always made the best of it, but I won't hide the fact that doing so wasn't always easy. By the beginning of spring, our team was tired - and so were the families!

I don't think anyone was expecting us to react quite so enthusiastically when we were approached with the possibility of moving our offices into unused locker rooms at Gilbert-Layton. To the outside world, moving offices into locker rooms might seem like a strange choice. To us, it felt like a chance to once again set down roots.

The office move gave the whole team a renewed energy, and we got to spend the summer together, with our office and all our summer programs in one location. A first since 2018! This continued through fall, with us being able to bring our after school program - which was running out of three locations at the start of 2023 - all to one location. We were also able to move our sports program to Les-enfants-du-monde, which is conveniently also located in Gilbert-Layton park. Like when Pinocchio declares himself to be a *real boy*, we were once again starting to feel like a *real centre*. As the end of the year approached, and in the chaos of the school strike, we got word that a special delivery was headed our way. That delivery, which arrived just as we closed for the holidays was in the form of two shipping containers, to be combined to provide us with our very own space. If that isn't ending the year on a high note, I really don't know what is.

Of course, I can't talk about 2023 without mentioning the incredible work of our team, particularly during the five weeks of school strikes. When we first got wind of the impending school closures, I brought it up reluctantly in our weekly team meeting. As a parent, I knew how hard this would be on families. As a community worker, I knew pulling a service offering together with little notice and no budget was an impossible ask. But something pretty wonderful happened in that meeting: no one hesitated. The whole team was immediately on board. Even months later, I am still amazed by the work of the animators and coordinators during that whole period.

We were also incredibly touched by the kindness of our neighbours, partners, and friends from far and wide, who rallied to support us so we could continue to support the families of NDG.

Thank you all for a great year.

Christine Richardson
Executive Director

## MESSAGE FROM THE BOARD OF DIRECTORS

Dear Esteemed Community Members,

I am honoured to address you as we present our annual report, reflecting on a year of both significant challenges and remarkable achievements.

Our 'Strike Camp' for neighbourhood youth encountered many hurdles, however through resilience and adaptability this program was successful, fostering an environment where our youth could continue to thrive.

The importance of maintaining robust relationships with our partner organizations has never been more apparent. Collaborative efforts have been fundamental to our success, enabling us to cultivate a safe and nurturing environment, key to our community's well-being.

A highlight of this year has been the acquisition of a new temporary space, sparking excitement among our staff and the youth we serve. This expansion will allow us to enhance our programming, especially for our teen participants, offering them a broader range of activities and opportunities to connect.

As we look forward, we are filled with hope and determination to secure a permanent space. This will enable us to extend our reach and deepen our impact, providing the neighbourhood with the crucial programming it deserves.

I wish to extend my deepest gratitude to our resilient and creative staff, who have consistently risen to every challenge. Their dedication and innovative spirit have been the cornerstone of our success.

We stand grateful for your unwavering support and are buoyed by the collective hope for a future where our community's potential can be fully realized through the empowerment of its youngest members.

With heartfelt appreciation,

Mary Jane Caro President of the Board



To foster a community based on respect, growth and opportunity for all



Using a strength-based approach, Jeunesse Loyola inspires belonging and growth in the youth of NDG, their families and their communities through social, recreational and educational programming, delivered in a safe and inclusive environment.

In order to fulfill this mission and achieve our vision, the Association has set objectives that can be summarized in three categories:

Supporting the holistic development of youth in our community:

- Provide opportunities that support the development of leadership skills
- Provide opportunities that support the development of various life skills such as problem-solving, critical thinking and communication
- Provide opportunities that promote the development of self-esteem
- Encourage a positive relationship with education through academic support and unstructured learning opportunities



Promoting a healthy lifestyle among youth in our community:

- Promote an active lifestyle through sports and outdoor play
- Promote mental health as an essential part of overall health
- Ensure access to nutritious food during programming



Participating in building a strong community:

- Promote a sense of civic responsibility through participation in group activities, volunteer opportunities, and collective decisions
- Promote and facilitate community dialogue
- Work with community and institutional partners to improve the quality of life for all



## 2023 AT A GLANCE

staff and volunteers

ran

1,500 hours of programming

for

220+ youth

from

countries

and served over

5.000 snacks and meals

# TREASURER'S REPORT

#### ASSOCIATION POUR LE DÉVELOPPEMENT JEUNESSE DE LOYOLA OPERATIONS AND CRANGES IN MET ASSETS Year ended December 31, 2023

	2023	2 0 2 2
REVENUES		
Grants (Note 4)	\$ 27,904	\$ 76,537
Partners' contributions (note 5)	523,514	414,289
Donations	7,278	33,399
Autres	625	
	559,321	524,225
EXPENSES		
Salaries and fringe benefits	473,961	435,701
Grants in transit (Note 6)	52,305	-
Office supplies	11,293	6,029
Professional fees	7,907	40,441
Training	7,581	8,555
Materials and activities	3,411	49,868
Administration costs	3,266	1,634
Telecommunications	2,635	3,799
Insurance	1,361	1,420
Bank charges	1,155	263
Special events	596	200
Taxes and licenses	298	1,373
Maintenance	143	-
Advertising and promotion	15	571
Unrecoverable sales taxes		1,635
	565,947	551,489
(DEFICIENCY) EXCESS OF REVENUES OVER EXPENSES	(6,626)	(27, 264)
NET ASSETS, BEGINNING OF YEAR	49,587	76,851
NET ASSETS, END OF YEAR	\$42,961	\$49,587

5.	FARTNERS' CONTRIBUTIONS	2 0 2 3	2022
	Centraide of Greater Montréal	\$ 174,140	\$ 189,161
	Réssau réussite Montréal	60,000	81,807
	City of Montreal		
	Programme de soutien à la réalisation		
	d'activités de loisirs	66,808	64,862
	Prévention violence jeunesse (PPVJ)	20,816	20,816
	Le Service de la diversité et de		
	l'inclusion sociale (SDIS)	58,119	7000
	Other	1,200	-
	Ville M-TESS	38,095	31,600
	Table Jeunesse		
	Aide aux devoirs committee	6,460	11,043
	Day camps	7,889	\ <del>-</del>
	S.O.I.R. Project	22,202	, <u>~</u>
	Canadian Red Cross	34,785	
	Fondation J.A. DeSève	20,000	-
	Fondation Charles Cusson	13,000	: <del></del>
	The Jewish Community Foundation of Montreal		15,000
		\$ 523,514	\$ 414,289

#### 6 GRANTS IN TRANSIT

During the year, the organization received grants intended for other organizations. These grants were paid to the following organizations:

Comité Jeunesse N.D.G.	\$	37,321
Westhaven Elmhurst Community Recreation Association		13,895
The YMCAs of Québec	_	1,089
	100	
	Ś	52,305

#### 3. DEFERRED GRANTS

The deferred grants represent unused resources received during the year. The amounts are generally used in the following year and recognized as income at that time. The changes in the balance of the deferred grants are as follows:

		2022	Amounts received	Recorded as income	2 0 2 3
	Centraide Canadian Red	\$ 120,839	\$ 140,000	\$ 174,140	\$ 86,699
	Cross Fondation Charles	<b>.</b> ₹	38,315	34,785	3,530
	Cusson Ville M-TESS	: <b>7</b> .	25,000 44,343	13,000 38,095	12,000 6,248
		\$ <u>120,839</u>	\$ <u>247,658</u>	\$260,020	\$ 108,477
4.	GRANTS			2 0 2 3	_2 0 2 2
	Soutien à l'action Government of Cana	da		\$ 20,500	<b>\$</b> -
	Canada Summer Jo Community Foundati	<del>-</del>		7,404	20,822 33,488
	Second Harvest Eme		curity Pund		22,227
				\$27,904	\$

### AFTER-SCHOOL PROGRAM

Our after-school program provides a welcoming and inclusive space for youth to get help with homework and enjoy group activities with friends.

Though we started 2023 running the after-school program out of multiple locations, by the end of the year, we were able to bring the program back under one roof.

In addition to homework help, we work to support the development of life skills in a stimulating recreational environment. Popular activities in 2023 ranged from soccer and basketball to board games and crafts.

Thanks to partnerships with The Depot and Parlons science, we were able to add cooking activities and science to the mix!

Youth aged 6 - 14, from



participated in our after-school program in 2023



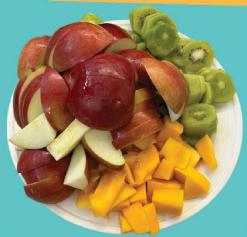


### COMITÉ AIDE AUX DEVOIRS

Our team works alongside the teams at St-Community Centre, Walklev Raymond Westhaven-Flmhurt Community Centre. Community Recreation Association and the NDG YMCA Teen Zone, as members of the NDG Youth Table's Comité aide aux devoirs. The committee's goal is simple: To support organizations offering homework help in NDG and to promote school perseverance.

2023 marked an important milestone for the committee: thanks to an investment from Centraide's Fonds jeunesse, funded by the Chagnon Foundation, members of committee received additional funding for their programs. The committee was also able to hire a shared resource person to support the staff and participants of the various homework programs.

### **PARTNER** HIGHLIGHT



### THE DEPOT

As the cost of living has continued to increase, it is becoming harder than ever for families to make ends meet.

We know that youth can't grow, learn or play on an empty stomach. Working with The Depot allows us to ensure access to nutritious snacks and meals throughout our programs.

Interactive food activities, like snack workshops and meal kits, were great hits in 2023.

Thanks to this key partnership, Loyola's team served over 5,000 snacks and meals throughout the year.



### **MULTISPORTS**

Our evening sports program faced multiple logistical challenges in 2023, including relocation, considerable distance from our after school program for parts of the year and the impact that the school strikes had our ability to access facilities. This instability led to periods with lower participation. Despite this, the team worked hard to adapt and continue promoting physical activity among youth. To help mitigate the effects of these barriers to participation, we integrated more physical activities and sports into our other programs and made creative use of outdoor space.

For much of 2023, we offered multisports two evenings a week, rotating between soccer, basketball, kickball, floor hockey and even some creative combinations of those games!



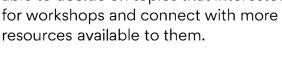
### **TEEN DROP IN**

Between January and June, our team held a Teen Drop In at École St. Luc's Terrebonne Annexe. We offered homework help and animated a wide variety of activities. Favourites included Ping-pong tournaments, basketball, foosball, and cookie decorating (and of course cookie eating!)

As part of our effort to bring our activities back into one location, we moved our Drop In hours to Gilbert-Layton in the fall. This move has allowed us to open the space up to more teens, and has given us greater flexibility in activity planning.

Given the unstructured nature of the program, activities vary based on who comes in on a given day. Frequent favourites are sports, group games like Warewolves, and cooking. Giving the teens control over how they use their time in the space promotes the development of life skills such as decision-making, planning and functioning as a group.

We worked particularly closely with the teams from Aire Ouverte and Prévention CDN-NDG in 2023. The teens were able to decide on topics that interested them





came through our drop in hours in 2023



### **LEADERSHIP**

2023 saw the return of our leadership program, with the goal of supporting the transition from elementary to high school and easing participants from the 6-12 after-school program into our teen programs.

Students in grade 6 and 7 were invited to take part, working together to structure the program's activities the way they wanted, with the support of both the afterschool and teen program teams.

The leadership group rose to the occasion and helped animate activities and prepare snacks during the teacher's strike in November and December!

16

youth

took part in our leadership program in 2023

### **OPEN GYM**

Overall, 2023 was a successful year for Open Gym, with an average of 20 youth participating on Friday and Saturday nights. The program gives youth the opportunity to play sports - mostly basketball! - informally with their peers. Most evenings are a mix of 1:1 or practicing and pick up games. Parents and pre-teens are welcome to use the space earlier on Saturdays, with several families coming regularly, particularly in winter.

As we experienced with several programs in 2023, our longstanding Open Gym program faced instability this year. Having been held at Trenholme Centre since 2019, it moved to Confederation Centre (at école Saint-Luc) in June. Numbers were steady through the summer, but the fall session brought new challenges, with the gym being inaccessible at the start of the school year and for the duration of the school strike.

Despite this instability, Open Gym continues to be an essential part of our programming. While we do have teens from our other programs who join in, we have many youth who only come for Open Gym. Consistency is key to maintaining contact with them.



# PARTNER HIGHLIGHT

### **PROJET SOIR**



The S.O.I.R. (Strategic Outreach through Intervention by Recreation) Project is the result of collaboration between several members of the Table Jeunesse NDG that started in the fall of 2022. The aim of this project is to offer free sports, artistic or recreational activities to teens and young adults outside regular programming hours, within participating organizations. It also aims to reach out to young people who are not already affiliated with community organizations, thus breaking isolation and offering referrals as needed. The program changes every season, and members offer a wide variety of activities: cooking, art workshops, basketball, futsal, game nights, etc.

At different points in 2023, S.O.I.R allowed Jeunesse Loyola to offer art activities, game nights and to supplement our Open Gym program.

### YOUNG CREATORS OF NDG

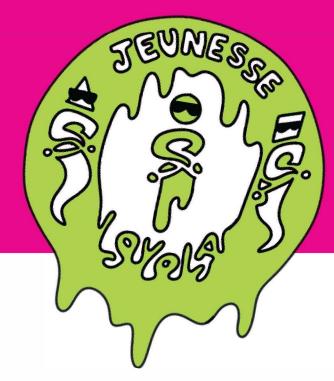
## A PROJECT BY AND FOR YOUTH

In the fall of 2022, the City of Montreal launched a call for project submissions By and For Youth. The goal was to fund projects that would engage youth and build leadership skills. To be eligible, projects had to be proposed and designed by youth, while being supported and accompanied by an organization recognized by the City. Jeunesse Loyola's project to establish a youth art collective was selected. Throughout 2023, members of the group had the opportunity to try many different mediums. Here is a look at some of their favourites:

#### Mural walk

The group set out to discover the Plateau Mont-Royal's murals, many created as part of the Mural Festival. The young artists brought along their sketchbooks and the programs cameras and were tasked with chronicling their reactions to the murals – whether it was by sketching the mural, writing a poem or taking a photo.





### 3D printing and digital art

Youth learned how to use the Procreate iPad app to design images that can then be screen printed on a variety of surfaces. They collaborated to create their own version of the Jeunesse Loyola logo and printed hoodies for each member of the group.

They also learned how to use 3D printing to bring their visions to life.

### PARTNER HIGHLIGHT

### **ATELIER MOBILE**



Atelier Mobile Montréal, an organization that works with marginalized communities to make art accessible to all, hosted a series of clay workshops. Their artists taught the members to use clay tools and materials. The first part of the series was oriented towards an artistic and sculptural approach, while the second focused more on cups, bowls and other types of utilitarian creations.















Our young filmmakers even got some help around the writer's table from Montreal mayor Valérie Plante!

### Photography and videography

Over the course of several weeks, the teens took part in workshops on the theoretical and practical bases of photography and videography.

The sessions first focused on understanding the camera and how it captures images, then turned to exploring style, composition, and editing techniques, both practical and artistic.

Using DSLR cameras and iPads, youth were encouraged to

regular activities as well as during photo sessions with peers and youth in other programs.



### **Short film**

In the fall, the group had the ambitious idea of producing a short film. To make it happen, they had to come up with the plot, write the script, put together costumes, manage the budget, direct and act in the film.

Their film follows police in the sleepy village of Loyola as they work to solve a series of mysteries, the suspects they meet along the way and the journalists



### MARCH BREAK CAMP

March Break Camp was back in full force again in 2023. Our camp provided an engaging environment in which kids and teens could socialize, let loose and even try some new activities.



Outdoor activities included capture the flag, snow soccer and skating at Bleu, Blanc, Bouge. The biggest hit of all: snowshoeing though Gilbert-Layton park with the Club de plein air NDG, followed by hot chocolate and cotton candy!

Inside, we did plenty of crafts, trivia games, played Warewolves and had a movie afternoon.

**40** k

came to our March Break Camp in 2023



# PARTNER HIGHLIGHT

### **SPVM**

We have always worked closely with our neighbourhood police, organizing visits and events, believing that it is important to create opportunities for the community to have contact with officers outside of crisis situations.

In 2023, we were invited to participate in the SPVM's new Immersion MTL program. Over the five week program, police recruits, without a uniform or a weapon, are hosted by various stakeholders in the community so they can experience their reality with them, within their organization or institution, in their community, with humility and respect, as equals.

As partners in the program, Jeunesse Loyola hosted three duos of recruits between October and December.



Tipped off by a recruit that we hosted Flik and his partners stopped by to treat us on Hallowe'en!

### **DAY CAMP**

We once again partnered with Réseau Réussite Montréal to hold a sociolinguistic day camp for newly arrived youth in welcoming classes and those recently integrated into regular classes whose contact with French is minimal or nonexistent outside of school.

Our team organized a mix of indoor and outdoor activities aimed at encouraging collaboration, respect and supporting their use of French. We also organized several outings, including Old Montreal, the Biodôme, Mont Royal and weekly trips to Benny Library.

101 Youth

29 countries

Schools

In addition to typical day camp activities, we collaborated with many organizations to offer high-quality diverse programming. Here are some of the most popular activities and partnerships:

**The Depot**: Animated healthy snack-making workshops & provided snacks throughout camp **Maison de la culture**: Animated week-long art workshops, the products of which were presented at an end of year event for their organization

**Lit de camp**: Provided reading activities, books and encouraged reading during the summer **Jouez Gagnant**: A professional athlete spoke with our campers to highlight the importance of respect, perseverance, and health

Caravane sports: Provided two outdoor sports and movement activities

**Parlons science:** Animated science experiments and robotics activities for our campers **SPVM**: Spoke with our youth about safety and what their work involves, and gave them a tour of a police car

The 2023 edition of day camp could not have been as great a success without the collaboration and expertise of these partners!









### **SCHOOL STRIKES**

2023 ended with a surprise: school strikes shut down elementary and high schools across the province. As we did during the COVID-19 pandemic, the team sprung into action.

Opening the centre with little notice and without any idea as to how long the strikes would last was challenging, as was accommodating so many kids in our small space - on our busiest days, we had 50 kids in one room. We were able to work with our partners to refer some of the kids who initially came to Loyola to other programs, as well as to share space.

Although it was challenging, the strike camp, as we came to call it, was successful over all. In addition to providing an essential service to families in the area, it was a reminder of the power of community. Throughout the strike, we received tremendous support from local residents, partners and members alike. It was truly regarded as a collective effort to make sure needs were met, from donations through our website and food deliveries to board games and kitchen supplies, our community showed up to support us and the families we serve.

67 Youth

Schools

168 Hours of services

in unbudgetted expenses



**PARTNER** 

### TABLE JEUNESSE NDG HIGHLIGHT

As our organization has grown in recent years, so has the need to support our team with resources and trainings. Throughout 2023, our staff took part in many trainings and workshops, including:

Intervention in crisis situations
Positive discipline
Language & Communication
Cultural sensitivity
Working with kids with special needs
Crisis management: before, during and after
Active listening
The impact of a child's environment on their development

Many of these workshops were held in partnership with the Comité d'aide aux devoirs NDG and the Réseau de soutien aux intervenants, two initiatives of NDG's Youth Table.

# PARTNERS, FUNDERS AND DONORS

Arrondissement CDN-NDG - Direction des Cultures, sports, loisirs, et développement social (DCSLDS)

Bienvenue à NDG

Batshaw Youth and Family Centres

Carrefour Jeunesse-Emploi NDG

Centraide du Grand Montréal

CIUSSS du Centre-Ouestde-l'Île-de-Montréal

Comité aide aux devoirs NDG

Comité de voisinage Fielding-Walkley

Comité jeunesse NDG

Concordia University

Croix rouge du Canada

Dawson College

École Judith-Jasmin

École Marc-Favreau

École St-Luc

École Sainte-Catherinede-Sienne

Fondation Cusson

Fondation J.A. DeSève

Government of Canada

Government of Quebec

Head and Hands

Loisirs Sportifs CDN-NDG

McGill University

NDG Community Council

Prévention CDN-NDG

Programme Alliance

Réseau Réussite Montréal

SPVM station 9

St. Raymond Community Centre

Table jeunesse NDG

Table ronde communautaire NDG

The Depot

Walkley Community Centre

Westhaven Elmhurst Community Recreation Association

Women on the Rise

#### **DONATEURS**

120k Footwear

Andrew Morrow Brian McCarthy

Carol Mose

C Mytofir

Debbie Veinish

Deborah Cohen

Dina Bennett

Frances Algar

Gail Jaraslowski

Halah Al-Ubaidi

Jacqueline Wallace

Jennifer Bracewell

Jennifer Dickson

Larry Rooney

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Nadine Collins

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